



Bahamas Academy

Lunch Menu

Breakfast

Lunch

Monday

Grits & Veggie Tuna / Veggie links \$3
Pancake Tofu/Veggie links \$3
Cereal \$3

Veggie Steam. Chicken , Yellow Rice & mixed Veg. \$5
Spaghetti \$4.50
Chili Dogs \$3.50

Tuesday

Grits & Veggie Tuna / Veggie Links \$3
Pancake Tofu/Veggie links \$3
Cereal \$3

Tacos \$4
Veggie loaf, Mashed Potatoes & Mixed veg. \$5
Chili Dogs \$3.50

Wednesday

Grits & Veggie Tuna /Veggie Links \$3
Pancake Tofu/Veggie links \$3
Cereal \$3

Veggie Curry Beef , White Rice & Coleslaw \$5
Fettuccine \$4.50
Chili Dogs \$3.50

Thursday

Grits & Veggie Tuna/Veggie Links \$3
Pancake Tofu/Veggie links \$3
Cereal \$3

Veggie BBQ Chicken , Peas n Rice & Macaroni \$5
Cauliflower Snack \$5
Chili Dogs \$3.50

Friday

Grits & Veggie Tuna/Veggie Links \$3
Pancake Tofu/Veggie links \$3
Cereal \$3

Veggie Burgers with Fries \$5
Pizza w/Cheese \$3 Veggie \$3.5
Chili Dogs \$3.50



Bahamas Academy Drink Menu

Water\$1.00

Coconut Water.....\$2.00

Juice bowl (Variety).....\$1.50

Mega Malt.....\$1.50